

# Jin Shin Jyutsu®

## Getting to KNOW (Help) MYSELF

### Mary Burmeister's Living the Art Seminar

Berkeley, CA: October 16-18, 2010 (SAT. – MON.) 9AM – 5 PM

presented by Janet Oliver

**JIN SHIN JYUTSU® PHYSIO-PHILOSOPHY** is a Cosmic Artless Art (and not a technique) of harmonizing life energy within the body. Said to predate Buddha and Moses, it was rediscovered in the early 1900's by Master Jiro Murai, who, after recovering from a "terminal" illness, devoted himself to the revival of the Art for future generations. He believed that the capacity to use this Art is born in all of us, like our hands, the tools with which it is applied. It is a physio-philosophy that involves the application of the hands for gently balancing the flow of life energy in the body; more generally, it is the awakening to awareness of complete harmony within the self and the Universe.

**THE LIVING THE ART SEMINAR** serves the purpose of bringing us into this awareness through a detailed exploration of Mary's three Self-Help Books and through practicing the Art of Jin Shin Jyutsu® Self-Help. This seminar differs from the Self-Help Class in that the meanings of Mary's words and numbers in the books are pre-sented at a deeper level, creating a bridge of information with Texts 1 & 2 from the Basic 5-day Seminar. With this back-ground, students are better prepared to study, practice and perhaps teach Self-Help. Time is allotted for discussion and refinement of communication skills on selected Jin Shin Jyutsu® Self-Help topics. This seminar is recommended for ALL Jin Shin Jyutsu® students.

**PREQUISITE:** One 5-Day Class

**JANET OLIVER** began her life-changing Jin Shin Jyutsu studies with Mary Burmeister in 1983 and has been a member of the Jin Shin Jyutsu® faculty since 1993. She helped develop and teach the Instructor Training in Self-Help (IT IS) seminar, which has been transformed to the Living The Art class, presently. Janet maintains a full-time private practice in the Art of Jin Shin Jyutsu® in Berkeley, California and has taught Self-Help classes for over 25 years.

<b>FEES:</b>	Early Bird Special	Regular Price
New	\$405	\$450
Review	\$260	\$290

Review price is only good for review of LTA class

Early Bird is extended through August 27, 2010 and must be paid in full.  
Early Bird Cancellation Fee is \$50 (August 27 – October 16)  
Regular Cancellation Fee is \$50 within (SEP 17 – OCT 16)  
**No exceptions**

**LOCATION:** At Janet Oliver's Home in Berkeley, CA – details to follow in registration letter.

**INFORMATION:** Please contact class organizer, Tomasa Macapinlac at (650) 740-5336 or [jsihealer@comcast.net](mailto:jsihealer@comcast.net)  
**CEUs available for Nurses, Acupuncturists, Diplomates of NCCAOM, and CMTs**

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#### LTA Seminar Registration Form for OCTOBER 2010 in Berkeley, CA

Name \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Please Check Appropriate Fields:  New Student  Review Student  EB Special  Regular Fee

If paying by check, please make check payable to **Janet Oliver** or you may pay by credit card:

Name on Credit Card \_\_\_\_\_ Billing address \_\_\_\_\_

Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_ CSV code \_\_\_\_\_ Charge Amount \_\_\_\_\_

(three digit code on back or  
4 digit code on front of AMEX)

**Please mail registration to: Tomasa Macapinlac , 745 Distel Drive Ste 112, Los Altos, CA 94022**