

# Jin Shin Jyutsu®

## Getting to KNOW (Help) MYSELF

### Mary Burmeister's 5-DAY Seminar

San Francisco, CA: JUL 24-28, 2010 (SAT. – WED.)

presented by *Lynne Pflueger*

**JIN SHIN JYUTSU® PHYSIO-PHILOSOPHY** is a Cosmic Artless Art (and not a technique) of harmonizing life energy within the body. Said to predate Buddha and Moses, it was rediscovered in the early 1900's by Master Jiro Murai, who, after recovering from a "terminal" illness, devoted himself to the revival of the Art for future generations. He believed that the capacity to use this Art is born in all of us, like our hands, the tools with which it is applied. It is a physio-philosophy that involves the application of the hands for gently balancing the flow of life energy in the body; more generally, it is the awakening to awareness of complete harmony within the self and the Universe.

**THE 5-DAY SEMINAR** is for those who want to study and practice Jin Shin Jyutsu® and to apply the Art on themselves and others, this being the testimony of this simple, profound Art of Living, made known to us by Mary Burmeister and Jiro Murai. Each basic text seminar consists of two parts:

**Part I**, the foundation, introduces the dynamic qualities of the 26 Safety Energy Locks, the Trinity Flows, the concepts of Depths within the body, and the Physio-philosophy of Jin Shin Jyutsu®. Interspersed with lecture are ample periods of hands-on application.

**Part II** (prerequisite: Part I) introduces the 12 organ flows, listening to pulses, the Special Body Flows and how these contribute to harmonizing body, mind and spirit.

**LYNNE PFLUEGER (emeritus status)** is a native San Franciscan, living just to the North in beautiful Marin County. Coming from a line of physicians (older brother, father, grandfather), her education took a different turn. Attending Stanford, UC Berkeley, and Dominican College, Lynne received a degree in Art. While raising her three sons, still fascinated with health and healing, she was searching "for a way to facilitate her own development, and to help others without causing further harm." Stumbling into Jin Shin Jyutsu® by way of a knee injury in 1978, then receiving sessions in December of that year, she met Mary Burmeister in January of 1979. Studying and practicing continuously, she began teaching in 1993. In addition to traveling and teaching, Lynne maintains a practice at home, offers self-help classes, study groups, and animal classes. Her family lives nearby. **According to student feedback, Lynne's teaching is simple and clear.**

FEES	Part I	Part II	Total
EB NEW	\$460	\$305	\$765
EB REVIEW	\$295	\$200	\$495
REG NEW	\$510	\$340	\$850
REG REVIEW	\$330	\$220	\$550

\*EB- Early Bird Pricing (Must be paid in full by May 24, 2010)  
Early Bird Pricing is good through May 24, 2010  
Early Bird Cancellation Fee is \$100 (May 25 – July 24)  
Regular Cancellation Fee is \$100 (June 24 – July 24)  
No exceptions

**LOCATION:** Fort Mason in San Francisco, CA—[www.fortmason.org](http://www.fortmason.org)

**INFORMATION:** Please contact class organizer, Tomasa Macapinlac at 650-740-5336 or [jsjhealer@comcast.net](mailto:jsjhealer@comcast.net) or co-organizer, Jeremy Strickland at (415) 341-6288 or [jeremy@ellipticalbodywork.com](mailto:jeremy@ellipticalbodywork.com).  
CEUs available for Nurses, Acupuncturists, Diplomates of NCCAOM, and CMTs

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#### 5 Day Seminar Registration Form for JULY 2010 in San Francisco

Name \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Please Check Appropriate Field:  New Student  Review Student  Part 1 & 2  Part 1 Only  Part 2 Only  EB  Regular  
If paying by check, please make check payable to **Lynne Pflueger** or you may pay by credit card:  
Name on Credit Card \_\_\_\_\_ Billing address \_\_\_\_\_  
Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_ CSV code \_\_\_\_\_ (three digit code on back or Amt \_\_\_\_\_  
4 digit code on front of AMEX)  
Can you bring a massage table and blanket and sheets? Yes No (please circle one)

Please mail registration to: **Tomasa Macapinlac, 745 Distel Drive Ste 112, Los Altos, CA 94022**